

Discover what's Central to you.

North Carolina Central University Counseling and Higher Education Department 712 Cecil Street, Durham, NC 27707 www.nccucounseling.com 919/530-6465(v) 919/530-7681(f)

Practicum Evaluation

| Check one: IMid-Semester Evaluation IFinal Evaluation | |
|---|--|
| Practicum Student's Full Name: | Semester: □Fall □Spring □Summer: Year |
| Your name: | Title: |
| Degree(s): | License(s): |
| Profession: Clinical Mental Health Counseling School Counse | ling 🗖 Career Counseling 🗖 Addiction Counseling 🛛 Certified Rehabilitation |
| Counselor Dther: | Yrs. In the profession: |
| Name of Site: | |
| Your Business Address: | |
| Telephone #: Email: | |
| | |

To the Site Supervisor:

The Practicum evaluation is comprised of the Counseling Skills & Dispositions Assessment Tool (CSDAT) and specific questions related to skills in the practicum. Based on *direct* observation, please evaluate the student listed above. Once finished, please sign, date, and return the evaluation to the student's university supervisor either via mail in a sealed envelope, sign across the sealed flap, email, or fax. We thank you for contributing the development of our Eagle Counseling Intern! We greatly appreciate it.

Counseling Skills & Dispositions Assessment Tool (CSDAT)

The CSDAT provides a formal assessment, collecting both quantitative & qualitative data, to students as they progress through developmental expectations within their program. Part 1 is especially focused on skills & will be used in skills-based courses. Part 2 is focused on professional dispositions & will be used in all 8 CACREP core course & specialty courses for both PSC & CMHC. Parts 1 & 2 will be used in all Field Experience Courses.

Directions: Based on direct observation, please evaluate students according to their expected developmental level for each of the items listed below.

Scale Scoring

Surpasses Standards (5) = the student demonstrates exceptionally strong knowledge, skills, & dispositions in the specified item in the rubric at the appropriate developmental level.

Meets Standards (4) = the student demonstrates consistent & proficient knowledge, skills, & dispositions in the specified item in the rubric at the appropriate developmental level.

Approaching Standards (3) = the student demonstrates inconsistent & limited knowledge, skills, & dispositions in the specified item in the rubric at the appropriate developmental level. Students are expected to be at the "Approaching Standards" or higher at the conclusion of their Practicum.

Below Standards (2) = the student demonstrates limited or no evidence of the knowledge, skills, & dispositions in the specified item in the rubric at the appropriate developmental level. A student receiving a 2 on any of the skills or professional disposition will need an Action Plan that will assist them in moving from a 2 to a rating of a 3.

Harmful (1) = the student demonstrates harmful use of knowledge, skills, & dispositions in the specified item in the rubric. Any students at this standard are expected to develop & maintain an Action Plan & discontinue clinical work until additional training & assistance has improved skill or disposition rating standard to at least a 2.

N/A(0) = did not demonstrate or unable to observe.

Part 1: Counseling Skills

| Skill | Descriptors | 5 - Surpasses Standard | 4 - Meets Standard | 3 - Approaching Standard | 2 - Below Standard | 1 - Harmful | N/A (This is not a negative rating; this occurs when no opportunity to observe). |
|--|--|---|--|--|---|--|---|
| 1A. Attending & Nonverbal Skills | Sensitive to individual client re: eye contact, vocal qualities, attentive body language, pacing/timing & tracking the session. | Student demonstrates exceptionally strong attending & nonverbal skills the majority of the time. | Student demonstrates consistent & proficient attending & nonverbal skills. | Student demonstrates inconsistent & limited attending & nonverbal skills. | Student demonstrate s limited or no attending & nonverbal skills. | Student demonstrates attending & nonverbal skills that are potentially harmful to clients. | Did not demonstrate or unable to observe. |
| 1B. Empathy | Observing & reflecting feelings, facilitating client awarene ss of & exploration of his/her/their emotional world, clarifyi ng emotional strengths & furthering resilience, respecting resistance, use of direct | Student demonstrates exceptionally strong use of empathy as a primary therapeutic appro ach the majority of the time. | Student demonstrates consistent & proficient use of empathy. | Student demonstrates inconsis tent & limited use of empathy. | Student demonstrate s limited or no proficiency in empathy. | Student demonstrates harmf ul &/or non- empathic skills. | Did not demonstrate or unable to observe. |

| | empathy statements. | | | | | | |
|----------------------------|--|---|--|--|--|---|--|
| 1C. Active listening | Skills of encouraging/ affirming, paraphrasi ng, & summarizi ng. | Student demonstrates exceptionally strong use of active listening skills the majority of the time. | Student demonstrates consistent & proficient use of active listening skil ls. | Student demonstrates incon- sistent & limited active listening skills. | Student demon- strates limited or no proficiency in active listening skills. | Student demonstrates harmful active listening skills. | Did not demonstrate or unable to observe. |
| 1D. Questioni ng | Skills of open & closed ended questio ns, adapting questioning style to demonstrate respect to diverse clients | Student demonstrates exceptionally strong use of questioning skills the majority of the time. | Student demonstrates consistent & proficient use of active questioning skills. | Student demonstrates inconsis tent & limited questioning skills. | Student demonstrate s limited or no proficiency in questioning skills. | Student demonstrates harm ful questioning skills. | Did not demonstrate or unable to observe. |

| Skill | Descriptors | 5 - Surpasses Standard | 4 - Meets Standard | 3 - Approaching Standard | 2 - Below Standard | 1 - Harmful | N/A |
|-------|-------------|---------------------------|-----------------------|-----------------------------|-----------------------|-------------|-----|
|-------|-------------|---------------------------|-----------------------|-----------------------------|-----------------------|-------------|-----|

| 1E. Focusin g | Skill of setting collaborative g oals with clients. Explores situati ons from multiple frames of reference & includes advocacy, community awareness, & social change as appropriate for client needs. | Student demonstrates exceptionally strong use of focusing skills the majority of the time. | Student demonstrates consistent & proficient use of focusing skills. | Student demonstrates inconsistent & limited use of focusing skills. | Student demonstrate s limited or no proficiency in focusing skills. | Student demonstrates ha rmful focusing skills. | Did not demonstr ate or unable to obser ve. |
|--|--|--|---|---|--|--|--|
| 1F. Empathi c confront ation | Skill of identifying client's conflict, incongruity & mixed messages in behavior, thought, feelings or meaning. Skill is conducted in an empathic yet challenging manner that furthers client explora tion of situation. | Student demonstrates exceptionally strong use of empathic confrontation skills the majority of the time. | Student demonstrates consistent & proficient use of active empathic confrontati on skills. | Student demonstrates incon sistent & limited empathic confrontation skills. | Student demonstrate s limited or no proficiency in empathic confrontation skills. | Student demonstrates ha rmful confrontation ski lls. | Did not demonstr ate or unable to obser ve. |

| 1G. Facilitat ive Therape utic Demean or | Skill of conveying respect, uncondi tional positive regard & acceptance of clients' strengths , areas of growth & diversity. | Student demonstrate exceptional strong use of facilitative eutic demeanor th majority of th | ly of therap ne | Student demonstr consisten proficien of facilit therapeut demeano least a m the time. | nt & t use ative tic r at ajority of | Student demonstrat sistent & limited therapeutic eanor inconsisten inaccuratel | e dem atly & | s limit no profi in facili thera | onstrate ed or ciency itative peutic eanor | Student demonstrat rmful facilitative therapeutic demeanor skills. | | Did not demonstr ate or unable to obser ve. |
|--|--|---|-----------------------------|---|--|---|--|--|---|--|--------------------------------------|--|
| 1H. Case/ Client Conceptu al- ization | Skill of analyzing and developing a holistic understandin g of client's relevant cultural variables, strengths, salient identities, values, beliefs, development al stages, and overall illness and wellness components. | Student demonstrate s exceptional ly strong use of conceptuali zation skills the majority of the time. | consis profici of cor | nstrates tent & ient use nceptualiz kills at ity of | Student demonstrate inconsistent limited conceptuality skills inconsistent inaccurately | & zation ly & | Student demonst limited o proficier in conceptu ion skills | or no ncy ualizat | Studen demon harmfu Concep n skills | strates 11 ptualizatio | Did not demonst or to obser | unable |

| 1I. Appropria te Record- keeping | Skill of completing timely and accurate progress notes, treatment plans, intake documents, and other necessary records as mandated by the site. | Student demonstrate s exceptional ly strong use of recording keeping skills the majority of the time. | Student demonstrates consistent & proficient use of recording keeping skills at least a majority of the time. | Student demonstrates inconsist ent & limited recording keeping skills inconsistently & inaccurately. | Student demonstrates limited or no proficiency in recording keeping skills. | Student demonstrates h armful recording keeping skills. | Did not demonstrate or unable to observe. |
|---|--|--|--|--|---|--|---|
| 1J. Diagnosis | Using assessment skills and clinical interview skills along with the DSM 5 to differentially diagnose a client who meets criteria for a disorder. | Student demonstrate s exceptional ly strong use of diagnostic skills the majority of the time. | Student demonstrates consistent & proficient use of diagnostic skills at least a majority of the time. | Student demonstrates inconsist ent & limited diagnostic skills inconsistently & inaccurately. | Student demonstrates limited or no proficiency in diagnostic skills. | Student demonstrates h armful diagnostic skills. | Did not demonstrate or unable to observe. |

| 1L. Assess- ment | Demonstrates an ease with implementing assessment tools with clients and selecting appropriate assessment tools. | Student demonstrate s exceptional ly strong use of assessment skills the majority of the time. | Student demonstrates consistent & proficient use of assessment skills at least a majority of the time. | Student demonstrates inconsist ent & limited assessment skills inconsistently & inaccurately. | Student demonstrates limited or no proficiency in assessment skills. | Student demonstrates h armful assessment skills. | Did not demonstrate or unable to observe. |
|------------------------|---|--|--|---|--|--|---|
|------------------------|---|--|--|---|--|--|---|

Part 2: Professional Counselor Dispositions -

| Professio nal Dispositi on | Descriptors | 5 - Surpasses Standard | 4 -Meets Standard | 3 - Approaching Standard | 2 - Below Standard | 1 - Harmful | N/A |
|-------------------------------------|---|--|---|--|--|---|---|
| 2A. Ethical Behavior | Follows professional orga nization codes of ethics, the University's Cod e of Academic Integrity & PSC or CMHC Field Experience Manual policies, & seeks appropriate consultant as needed | Student demonstrates excep tionally strong ethical behavior & engages in discussion of these issues with supervisors. | Student consistently demonstrates ethical behavior & judgments & engages in discussion of these issues with supervisors. | Student demonstrates inco nsistent & limited ethical behavior & judgments & engages in discussion of these issues with supervisors. | Student demonstra tes limited or no ethical behavior & judgm ent. Student d oes not engage in discus sion of these iss ues with | Student engages in harmful &/or unethical behavior | Did not demonstrat e or unable to observe |

| | | | | | supervisor s. | | |
|-------------------------------|---|--|--|---|---|---|---|
| 2B. Engagem ent | Flexibly & actively engages others with respect & consideration. Coo perates with others & resolves differences & misunderstandings respectfully. | Student demonstrates excep tionally strong ability to be engaged flexibly & cooperatively with others. | Student demonstrates co nsistent ability to be engaged flexibly & cooperatively with others. | Student demonstrates inco nsistent ability to be engaged flexibly & cooperatively with others. | Student demonstra tes limited ability to be engage d flexibly & cooperati vely with oth ers. | Student engages in harmful behavior wit h others. | Did not demonstrat e or unable to observe |
| 2C. Self- Awarene ss | Engages in self- reflection by using various forms of feedback about one's own effectiveness, values, beliefs, & limitations including assessment data & supervision. Makes changes as needed. | Student demonstrates excep tionally strong ability to be self aware | Student demonstrates co nsistent ability to be self-aware. | Student demonstrates inco nsistent ability to be self-aware. | Student demonstra tes limited ability to be self- aware. | Student is so limited in their ability to be self-aware that they engage in harmful beh avior. | Did not demonstrat e or unable to observe |

| 2D. Acceptan ce of Self & Others | Warm & understanding wit h open-minded acceptance of others & tolerance of their viewpoints. | Student demonstrates excep tionally strong ability to be genuinely accepting of self & others. | Student demonstrates co nsistent ability to be accepting of self & others. | Student demonstrates inco nsistent ability to be accepting of self & others. | Student demonstra tes limited ability to be accepti ng of self & others. | Student is so limited in their ability to be accepting of self & others that they engage in harmful beh aviors such as judging others, criticizing other's beha viors, & not accepti ng other viewpoints. | Did not demonstrat e or unable to observe |
|--|---|--|---|--|---|--|---|
|--|---|--|---|--|---|--|---|

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| Date: | , Recording #:, S | tudent Name:I | Rater Name <u>: ,</u> Course_ | | | | |
|--|--|--|---|--|--|--|--|
| Profession al Dispositio n | Descriptors | 5 - Surpasses Standard | 4 -Meets Standard | 3 - Approaching Standard | 2 - Below Standard | 1 - Harmful | N/A |
| 2E. Multi- cultural Compe- tence | Values diversity through creating inviting relationships with diverse clients. Demonstrates mult icultural knowledge. Willin g to be transformed throu gh experiences. | Student demonstrates exce ptionally strong multicultur al competence. | Student demonstrates con sistent multicultural co mpetence. | Student demonstrates inco nsistent multicultural competence. | Student demonstrates limited multicultural competence. | Student is so limited in their multicultural competence that they engage in harmful behavior. | Did not demonstra te or unable to observe. |

| 2F. Profession alism | Timeliness, consistent attenda nce, appropriate appear ance & dress to match dress standards or expectations in university classes & clinical sites. | Student demonstrates exce ptionally strong professiona lism | Student demonstrates con sistently appropriate behav iors of professionalism | Student demonstrates inco nsistent ability to maintain professionalism | Student demonstrates limited ability to maintain appropriate professionalis m | Student is so limited in their ability to maintain professionalis m that they engage in harmful behavior. | Did not demonstra te or unable to observ e. |
|---|--|--|--|--|--|--|--|
| 2G. Initiative | The ability to plan, prepare, & engage in university classes & clinical sites. Offers ideas, sets goals for self improvement, seeks advice, independently, s earches for plans &/or materials | Student demonstrates exce ptionally strong initiative. | Student demonstrates con sistently appropriate initiat ive. | Student demonstrates inco nsistent initiative. | Student demonstrates limited initiative. | Student is so limited in their initiative that they engage in harmful behavior. | Did not demonstra te or unable to observ e. |
| 2H. Emotional Stability& Self Control | Demonstrates congruence betwe en mood & affect & demonstrates impulse control in relationships. | Student demonstrates exce ptionally strong emotional stability & self- control. | Student demonstrates con sistently appropriate emoti onal stability & self-control. | Student demonstrates inco nsistent emotional stability & self-control. | Student demonstrates limited emotional st ability & self control. | Student is so limited in their emotional sta bility & self control that they engage in harmful be havior. | Did not demonstra te or unable to observ e. |

| Knowledge &/or Skill | Descriptors | 5 - Surpasses Standard | 4 - Meets Standard | 3 - Approaching Standard | 2 - Below Standard | 1 - Harmful | N/A |
|--|--|--|--|---|--|--|--|
| 3A. Leading Group: Group Process ¹ | Demonstrates knowledge & understanding of group the group process (stages): 1. Forming, 2. Storming, 3. Norming; 4. Working & 5. Adjourning. | Student demonstrates exceptionally strong knowledge & understanding of the group process & strong leadership during the majority of the group experience | Student demonstrates consistent & proficient attending & nonverbal skills. | Student demonstrates inconsistent & limited attending & nonverbal skills. | Student demonstrates limited or no attending & nonverbal skills. | Student demonstrates attending & nonverbal skills that are potentially harmful to clients. | Did not demonstrate or unable to observe. |
| 3B. Leading Group: Basic Leadership Skills ² | Active listening, where leaders are sensitive to the language, tone, and nonverbal gestures surrounding members' messages | Student demonstrates exceptionally strong active listening, sensitivity to members' language, tone, and nonverbal gestures | Student demonstrates consistent & proficient active listening, sensitivity to members' language, tone, and nonverbal gestures | Student demonstrates inconsistent & limited active listening, sensitivity to members' language, tone, and nonverbal gestures | Student demonstrates limited or no sensitivity to members' language, tone, and nonverbal gesture | Student demonstrates no sensitivity to members' language, tone, and nonverbal gesture which is potentially harmful to clients. | Did not demonstrate or unable to observe. |

Part 3: Counseling Knowledge and Skills (if observed; group counseling not required in practicum)

¹ CACREP 3.K. & KPI-Skill for Group Counseling and Group Work ² CACREP 3.K. & KPI-Skill for Group Counseling and Group Work

Narrative – Please respond to the following guidelines, and attempt to cite any evidence/observations/examples of your evaluation.

How would you describe the student's **knowledge** of counseling? Please include areas of strength and area of growth for the student. (If you selected "N/A" for any rating, please provide more detail.)

How would you describe the student's counseling **skills**? Please include areas of strength and area of growth for the student. (If you selected "N/A" for any rating, please provide more detail.)

| How would you describe the student's dispositions (see descriptors in section 2 for more information)? Please include areas of strength and area of growth |
|--|
| for the student. (If you selected "N/A" for any rating, please provide more detail.) |

| I verify that the student counselor was under m | during the period from | to | | | | | |
|---|-------------------------------|-----------------------------------|--------------------------|--|--|--|--|
| for a total ofhours of counseling and counseling-related work experience. | | | | | | | |
| | | | | | | | |
| During this period of time, I provided the applicant with a total of hours of individual supervision during which I critiqued the applicant's | | | | | | | |
| counseling and counseling-related skills based on one or more of the following forms of observation of the supervisee's counseling practice (check all that | | | | | | | |
| apply): | | | | | | | |
| Direct observation | Verbatim transcripts | Video-tapes | | | | | |
| Audio-tapes | Case discussion (self-report) | Reading documents (e.g., journal, | reflections, case notes) | | | | |
| I verify that I provided the student with one hour of supervision per week. | | | | | | | |
| | | | | | | | |
| Signature | Print name | Date | | | | | |
| | | | | | | | |